## liveCELL

### DECIPHERING THE INSIDE CELL'S STORY BY CYTOCHECK SPACHIP®!

# Unlocking the Secrets of Ageing with SPAchip® technology .

As scientists delve deeper into the intricacies of ageing, they are uncovering a range of molecular hallmarks that hold the key to understanding this complex process. From telomere shortening to mitochondrial dysfunction, these mechanisms shape our journey through life, influencing our health and vitality. In this blog, we'll explore these molecular hallmarks and introduce SPAchip® technology—a groundbreaking tool for advancing ageing research and developing novel therapies.

#### **Exploring Molecular Hallmarks of Ageing**

Ageing is not merely a chronological process; it's a culmination of molecular changes within our cells. These changes manifest in various ways:

- **Genomic Instability:** As we age, our DNA accumulates damage due to environmental factors and cellular processes. This instability can lead to mutations and contribute to age-related diseases.
- **Telomere Shortening**: Telomeres, the protective caps at the ends of chromosomes, shorten with each cell division. When they become too short, cells enter a state of senescence or die, contributing to ageing.
- **Epigenetic Alterations**: Changes in the chemical modifications of DNA and histones can affect gene expression, leading to age-related changes in cellular function.
- Loss of Proteostasis: The cellular machinery responsible for protein folding and degradation becomes less efficient with age, leading to the accumulation of damaged proteins.
- **Mitochondrial Dysfunction**: Mitochondria, the powerhouses of the cell, produce energy less efficiently as we age, contributing to cellular decline and disease.
- **Cellular Senescence**: Senescent cells, which no longer divide, accumulate with age and secrete harmful inflammatory factors that can damage neighboring cells.

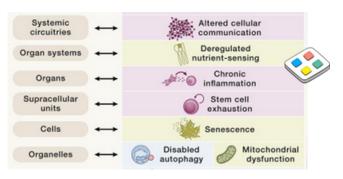


Figure 1. Hallmarks of Ageing happen at different organizational levels. Live-cell analysis with state-of-the-art modelling can be performed in vitro to develop novel therapeutic strategies and mechanism of action, including SPAchip® kits. Adapted from López-Otín et al., Cell, 2023)

## Enhancing Ageing Research with SPAchip® :

By integrating SPAchip® technology into ageing research, scientists can dissect the molecular pathways that drive age-related changes. For example, they can monitor oxidative stress levels in real-time, track metabolic fluctuations, and observe changes in protein folding and degradation. This deeper understanding lays the groundwork for developing targeted interventions to mitigate age-related decline and enhance healthy ageing.

The insights gained from SPAchip® technology pave the way for the development of novel therapies aimed at rejuvenating ageing cells and restoring youthful vitality. By precisely targeting the molecular hallmarks of ageing, researchers can devise interventions that promote cellular health and extend lifespan. From small molecule drugs to gene therapies, the possibilities are limitless when armed with a deep understanding of cellular dynamics.

In the quest to unlock the secrets of ageing, every breakthrough brings us closer to a future where age is no longer a barrier to living life to the fullest. With SPAchip® technology leading the way, we embark on a journey towards a healthier, more vibrant tomorrow.

#### It all translates into saving costs and time, and increasing relevance, quality and versatility

#### Bibliography: Gorgoulis '

- Gorgoulis, V., Adams, P. D., Alimonti, A., Bennett, D. C., Bischof, O., Bishop, C., Campisi, J., Collado, M., Evangelou, K., Ferbeyre, G., Gil, J., Hara, E., Krizhanovsky, V., Jurk, D., Maier, A. B., Narita, M., Niedernhofer, L., Passos, J. F., Robbins, P. D., ... Demaria, M. (2019). Cellular Senescence: Defining a Path Forward. Cell, 179(4), 813–827. https://doi.org/10.1016/j.cell.2019.10.005
- López-Otín, C., Blasco, M. A., Partridge, L., Serrano, M., & Kroemer, G. (2023). Hallmarks of aging: An expanding universe. Cell, 186(2), 243–278. https://doi.org/10.1016/j.cell.2022.11.001
- Torras, N., Agusil, J. P., Vázquez, P., Duch, M., Hernández-pinto, A. M., Samitier, J., Rosa, E. J. De, Esteve, J., Suárez, T., & Pérez-garcía, L. (2016). Suspended Planar-Array Chips for Molecular Multiplexing at the Microscale. Advanced Materials, 28, 1449–1454. https://doi.org/10.1002/adma.201504164

